

EQUIPMENT

PERSONNAL GEAR

1. Backpack
2. Sleeping bag - properly rated for weather
3. Water proof sacks/ zip lock freezer bags
4. Pack rain cover
5. Ground pad/ air mattress
6. Space blanket
7. Tent/ shelter

8. Personal Hygiene Kit
 - a. toothpaste
 - b. toothbrush
 - c. biodegradable soap
 - d. pack towel
 - e. insect repellent
 - f. sunscreen

9. First Aid Kit
 - a. strip Band-Aids
 - b. aspirin/ ibuprofen
 - c. ace bandage
 - d. gauze pads/ several sizes
 - e. tweezers
 - f. nasal decongestants
 - h. adhesive tape

10. Goodie Bag
 - a. small bungee chord
 - b. alligator clips
 - c. sewing kit
 - d. electrical/ duct tape
 - e. clevis pins/ rings
 - f. sleeping pad repair kit
 - g. tent repair kit

11. Flashlight with extra batteries
12. Candle lantern
15. Matches in waterproof container
16. Pocket knife
17. Eating utensils
 - a. plate or bowl
 - b. cup or mug
 - c. spoon

TROOP/ PATROL GEAR

1. Tent/ shelter
2. Latrine shovel
3. Backpackers saw
4. Hand ax
5. Collapsible water jug/ sack
6. Compass
7. Rope and twine
8. Backpacker's stove
9. Fuel/ fuel bottles
10. Cook set
11. Utensil set
12. Bear bags
13. Plastic sheets - 4 to 6 mil

CLOTHING

THREE - SEASON NEW ENGLAND

Base layer

- a. lightweight long underwear - top & bottom
- b. fast-drying nylon pants

- c. cotton T - shirt
- d. nylon quick-dry shorts

Insulation

- a. midweight wool/ fleece sweater

- b. light fleece pants

- c. down or fleece vest
(spring or fall trips)
- d. long-sleeve cotton shirt

Shell

- a. waterproof/ breathable jacket with hood
- b. waterproof/ breathable pants with ankle zippers

Essential extras

- a. billed cap (baseball type)
- b. wool/ synthetic stocking cap
- c. bandannas
- d. polypro sock liners
- e. wool socks

WINTER NEW ENGLAND

Base layer

- a. lightweight synthetic long underwear - top & bottom
- b. expedition weight synthetic underwear top

Insulation

- a. fleece sweater/ jacket
(100 or 200 weight)
- b. thicker fleece jacket
(200 or 300 weight)
- c. synthetic or down parka
(fits over fleece)
- d. fleece pants

Shell

- a. heavyweight noninsulated waterproof/ breathable jacket
- b. heavyweight noninsulated waterproof/ breathable pants with full zippers
- c. gaiters for boots

Essential extras

- a. fleece/ polypro balaclava
- b. warm shelled hat
- c. thin glove liners
- d. insulated fleece mittens
- e. waterproof mitten shells
- f. polypro sock liners
- g. wool socks
- h. bandannas
- i. insulated booties for camp